

AMCAP SPRING CONVENTION 2006

U of U Institute of Religion (Pre- Convention) & Joseph Smith Memorial Building
1800 E. So. Campus Drive & 15 East South Temple. 9th Floor, SLC, UT CE Credits available

Hope in the Therapeutic Process

Convention Chair: John P. Livingstone, Ed.D.





Convention Co-Chair: David O. Weber, LCSW, MS

Pre-Convention Chairs: Shane Adamson, Ph.D. & Kris Plummer, LCSW



Wednesday, March 29, 2006 Pre-Convention at the University of Utah Institute Building (first 6 presentations)

8:00 am Registration and CE Check-in


8:30 am Concurrent six hour presentations

1. "Keys to Resourceful Interviewing to Raise and Give Hope to Clients" *Harry Merl, MD, Psychiatry*
According to spiritual understanding, human beings have the ability (resources) to find creative solutions to life's challenges when they are taught ways to change their perspective. This can be done by applying 8 Rules that promote hope during the interviewing process. These rules directly connect to the spiritual teachings. When applied, the process of problem solving evolves and creates a dynamic hope in clients (and ourselves.)
Psych Credit: 6.0; NBCC Credit Hours: 6.0; CBBS Credit Hours: 6.0; NASW Credit Hours: Pending Level of Learning: Intermediate 
2. "Healing Trauma by Accessing Body and Mind Sensory Cues" *Barbara J. Gearig, LMSW,CTLC, PC*
This workshop will focus on the recent development of methods to access somatic responses to overcome the "brain-freeze" reaction that occurs with PTSD and newly traumatized clients. Participants will have supervised practice in using these methods.
Credit: 6.0; NBCC Credit Hours: 6.0; CBBS Credit Hours: 6.0; NASW Credit Hours: Pending Level of Learning: Advanced 
3. "Emotionally Focused Couple Therapy", *Scott R. Woolley, PhD, LMFT & Rebecca Pack Jorgensen, Ph.D., LCPC, NCC*
Emotionally focused therapy is a revolutionary new approach to treating couple distress. This workshop will introduce participants to this powerful, empirically supported approach to couples therapy, and will help them gain an understanding of how to apply attachment theory to couple distress, use specific interventions to help couples reprocess negative affect and restructure negative interactions, create powerful change events in therapy that foster a more secure bond between partners, and how to deal with attachment injuries in couples therapy..
Psych Credit: 6.0; NBCC Credit Hours: 6.0; CBBS Credit Hours: 6.0; NASW Credit Hours: Pending Level of Learning: Intermediate 
4. "No Steps: Lessons from 6 Years of Conducting Sexual Concerns Men's Groups at BYU" *Michael S. Buxton, Ph.D., Richard A. Moody, PsyD., M. Kirk Dougher, Ph.D., Jane M. Lawson, Ph.D.*
For the past six years clinical professors at BYU have lead groups for men who present with distress regarding their excessive use of pornography and masturbation, among other sexually related problems. These individuals often found themselves without hope for or faith in working through their issues. In this internal atmosphere, and in the context of a supportive group, private experiences can be shared. These practices have lead to a reduction in personal shame, and increasingly less motivation for change rooted in fear and avoidance.
Psych Credit: 6.0; NBCC Credit Hours: 6.0; CBBS Credit Hours: 6.0; NASW Credit Hours: Pending Level of Learning: Intermediate 

Concurrent three hour presentations 1:30-4:30 pm

5. "Achieving Peace in Troubled Times: Coping Skills that Work" *Noel C. Gill PhD*
This model was developed combining materials developed for and used in disaster counseling training and coping skills support groups. The presentation identifies strategies that have been found to be most effective in coping with loss and adversity. Topics covered include:
•Developing Resiliency • Eliminating Self Defeating Behaviors • Stress Management •Conflict Resolution •Dealing with Losses and Grieving
•Cognitive Distortions •Stages of Recovery and Healing •Achieving Balance • Developing Positive Attitudes.
Psych Credit: 3.0; NBCC Credit Hours: 3.0; CBBS Credit Hours: 3.0; NASW Credit Hours: Pending Level of Learning: Intermediate 
6. "Brighter and Brighter Until the Perfect Day: Helping Clients Experience the Reality of Hope" *Ryan J. Hulbert, Ph.D*
Even if spiritually-oriented clients are temporarily feeling lost in the dark clouds of worry, anger, or depression, a Christian-based belief is that the light of the Son of God is always shining and that there is always hope. Using a theistic psychotherapy perspective, this uplifting, interactive practical workshop equips therapists with an array of concepts and tools which clients use to "chase darkness" from them (Doc. & Cov. 50:23-25), and to develop these experiences into a lifestyle of greater joy and peace.
Psych Credit: 3.0; NBCC Credit Hours: 3.0; CBBS Credit Hours: 3.0; NASW Credit Hours: Pending Level of Learning: Intermediate 

8:30 am Pre-Convention in Alpine Utah

7. "Symbols for Healing: Using the Sand Tray in Therapy" *Wendy Ulrich, Ph.D. & Christine Packard, MC,LPC*
Workshop limited to 12 participants who email the AMCAP office
This six-hour experiential workshop will allow participants to learn first-hand the power of the use of tangible symbols in the healing process. Appropriate for both sand tray novices and those who have used the sand tray therapeutically, this workshop will focus on the various elements of the process, building skill in the use of the symbolic language of play, and each participant's use of the tray for creating and practicing exercises to refine therapeutic sand tray skills. *Address and map provided to those participants registered for this workshop*
Psych Credit: 6.0; NBCC Credit Hours: 6.0; CBBS Credit Hours: 6.0; NASW Credit Hours: Pending Level of Learning: Intermediate 

Academic Emphasis 

Clinical Emphasis 

Thursday, March 30, 2006

8:00-8:30 am **Registration and CE Check in**

8:30 am **Welcome and Invocation**

8:30-8:45 am **Convention Theme Introduction:** *John P. Livingstone, Ed.D., Convention chair*

8:45-9:45 am **Keynote Address:** "Where There is Help, There's Hope" *Fred M. Riley, M.S. Commissioner, LDS Family Services*
LDS Family Services is the largest adoption agency in the United States and perhaps the world. In addition, it is one of the largest single providers of counseling in the United States. The purpose of LDS Family Services is to help members of the Church and others live lives consistent with gospel principles. Their life goals, their hopes and dreams can seem to be unattainable at times, taken away either by their own acts or the unfortunate acts of others. LDS Family Services provides services to its clients to help build a foundation of hope.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

9:45-10:45 am **Plenary:** "The Biology of Hope" *A. Dean Byrd, Ph. D, MBA, MPH.*
Is spirituality best explained by our Divine Nature or the recently discovered "god gene"? Or does it make a difference? This session will address the evidence for the "god gene" and explore how faith might or might not be hardwired into our genes. Is it Genesis or genome that best explains our spirituality?
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Advanced

10:45-11:00 am **Break**





11:00-11:50 am **Concurrent Workshops**

1. "Unlocking the Complexities of Change" *LoriLee Critchfield, Ph.D, DA, MPA.*
For many, when life feels out of control, the most ready response is fear. When fear dominates, the sense of possibility and hope collapses. One of the subtlest ways fear can bind is what is known in Buddhist teachings as fixated hope. While closely resembling faith, this kind of hope inevitably brings pain--it is actually just another face of fear. Fixated hope constricts by trying to make the future fit a particular idea of happiness. This linear process becomes just another effort toward predictability and control. The science of nonlinearity, complexity or chaos theory, provides an opportunity to consider alternative ways for treatment. The method is to find the truth, by being exposed to the symbols found in communication and reflection.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Advanced
2. "Working with Clients with Disabilities: Service Provision, Accessibility, and Ideas for Practice" *Edward Martinelli, Ph.D.*
Individuals with disabilities have difficulty obtaining full access to psychological services. This presentation will present the variety of difficulties that can be experienced with different disabling conditions, and ways in which a counselor or therapist can take steps to more fully open her practice and work to these individuals. Physical mobility, vision, and hearing issues will be discussed. Specific ways to deal with each of these issues as they relate to office setup, handouts and materials in the office, the therapeutic hour, as well as legal issues will be covered.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate
3. "Research Provides Hope in Reducing Missionaries' Emotional Problems" *Carolynn Sonda, M.A., LPC*
LDS Missionaries personify hope as they hug their families good-bye. For some, hope is masking anxiety or self doubt. As medical missionaries, Carolyn served as the Area Clinical Advisor while her husband served as Area Medical Advisor. Missionaries were referred with a variety of emotional issues including anger, isolation, lack of motivation or personal self discipline, anxiety, depression, etc. Rather than waiting for a missionary's problem to escalate upon entering the field, it proved more effective to provide two hours of therapy prior to their entering the field. In this study, missionaries who participated in two hours of prevention were compared with those who did not receive such an opportunity, Mission Presidents reported 38 percent fewer missionaries having emotional problems than those who received no prevention treatment.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate
4. "A Brighter Hope: Increasing Moral Agency with Emotional Awareness" *Kristin Lang Hansen, Ph.D.*
Many clients go from therapy to therapy without improvement. One explanation is that these clients are continually working with therapists on a cognitive level while their difficulties lie on an emotional level. They lack the ability to exercise their moral agency because they can not access emotion and/or do not know how to regulate it. Affect phobia is a term coined by Leigh McCullough, Ph.D. to describe a fear of feeling and a term clients can use in collaboration with therapists to work on overcoming depression, anxiety, bipolar 2 disorder and many characterological problems. Helping clients experience and restructure emotion brings new hope and joy to patients. It frees them up to experience anger, grief, closeness, excitement, and other emotions that have been culturally sanctioned or sanctioned by family members. Clients are encouraged to experience emotion while maintaining the ability to choose whether one acts on it or not.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Advanced


12:00-1:15 pm **Lunch**


1:00-1:30 pm **Poster Session** (please contact Kari O'Grady if interesting in presenting a poster kio3@email.byu.edu)

1:30 – 2:20 pm **Concurrent Workshops**

1. "Un-marital Status: Hope and Help for Young Single Adults" *Christine S Packard, MC, LPC, and Wendy Ulrich, PhD*
Relationships are core to our understanding of what it means to be an adult. Single adults are demographically defined by their absence of "marital status" as much as by positive individual traits or achievements. LDS single adults may find themselves feeling both "over the hill" within the church and "too young for marriage" in society at large. This workshop will explore the challenges of single status within the LDS church, especially for older "young single adults." It will suggest therapist tools for helping young single adults invest in an independent adult life, prepare for either marriage or "singlehood," and meet psycho-spiritual needs. It will also suggest societal and church cultural supports for young single adults.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate 
2. "Building Hope in Clients Struggling With Verbal and Emotional Abuse Issues: A Perspective" *Larry K. Jacobson, M.Ed., LPC, NCC*
Laws against physical and sexual abuse exist in most states, but what about verbal, emotional, or mental abuse? These are most often precursors to the other forms of abuse, yet they are difficult to legislate. How do you recognize and treat perpetrators and victims of this abuse? Research data, counsel from Church leaders, case studies, and counseling methods to deal with verbal and emotional abuse will be addressed.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Novice to Intermediate 
3. "Hope in Overcoming the Influence of Inappropriate Hierarchy/Patriarchy and Verbal Abuse" *Kara Heugly, PCI*
Verbal Abuse creates victims just as any subversive system does"...in these abusive relationships partners learn to tolerate abuse without realizing it and lose self esteem because of it." Verbal abuse creates "power over" another, rather than personal power created from within. The abuser and the abusee appear to live in different realities. Learn how to recognize it, and as a therapist "bring forth new awareness and new strength;" and how to respond. Could the "idea" of hierarchy, patriarchy or superiority contribute to verbal abuse?
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate 
4. "Examining Hope for Chronic Fatigue (CFIDS) and Fibromyalgia (FMS)" *Patty Butts, M.Ed. LPC, Ph.D.*
The purpose of this study was to evaluate results of alkaline, whole foods, plant-based diet on the symptoms of subjects with CFIDS and FMS. Eight subjects diagnosed with CFIDS or FMS changed from the Standard American Diet (SAD) to an alkaline diet for a period of three months or more. Eighty-eight percent of those with CFIDS/FMS and who changed from the SAD diet to an alkaline diet, experienced excellent improvement in fatigue and were able to resume normal activities. Sixty-three percent had excellent improvement in joint pain and another 38 percent experienced moderate improvement. Fifty percent of subjects experienced excellent improvement in the muscle pain, while another thirty-eight percent had moderate improvement. Although this study is not without limitations, it is hopeful it will stimulate further research, including double blind studies. Implications indicate an alkaline diet may reverse or eliminate symptoms of CFIDS and FMS.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate 

2:20 - 2:30 pm **Break**

2:30 - 3:30 pm **Plenary "How the Brain/Body React to Stress and Anxiety"** *W. Dean Belnap, M.D. Psychiatry*
The cycle of stress within the brain can reach a saturation point leading to serious mental and physical health problems. Understanding the truth about what occurs in the brain and body when the stress cycle remains unchecked is the first step in empowering us in the therapeutic process to break the debilitating cycles of worry, alarm and anxiety. Illustrations of the mechanisms in the brain and then in the body help both professionals as well as the patient in acquiring knowledge leading to control. If the stress factor is provoked too often or too long, changes take place in altering the brain and its neuronal function. The brain/body relationship is then kept in an ongoing state of abnormal alert which is difficult to reverse without psychotherapy and psychopharmacology.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Advanced 


3: 45-4:45 pm **Plenary "Doctrinal Therapy"** *Douglas E. Brinley, Ph.D.*
Boyd K. Packer taught the principle that "the study of doctrine will change behavior quicker than will the study of behavior change behavior." (He was not talking about severe psychological disorders, addictions, or mental health issues, but to those who grow careless in their marriage companionship, parenting practices, or living Christian principles of charity and kindness.) Doctrines can change behavior and help spiritually-oriented couples maintain strong relationships by their powerful effect on human beings. This session will look at several LDS doctrines that provide a perspective to help couples be more effective spouses and parents.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate 

4:45 pm **Benediction**

6:30-8:30 pm **Distinguished Service to Humanity Award to President Thomas S. Monson**
Evening Dinner *Network with other AMCAP members and spouses*

Friday, March 31, 2006

7:00 – 8:00 am **Area Coordinator Meeting**

7:00 – 8:00 am **Early-bird Session** (Limited to first twelve participants who email the AMCAP office)
"Masked Depression in Men: New Developments and Critical Concepts for Diagnosis and Treatment" *A. Dean Byrd, Ph.D., MBA, MPH* 

Academic Emphasis 

Clinical Emphasis 

Men are diagnosed with depression less frequently than women yet complete suicides two to four times more frequently. The presentation will focus on the re-emerging concept of masked depression in men; will identify clinical features as well as critical concepts in diagnosis and treatment. Emphasis will be placed on the practical aspects of treatment.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

8:00 - 8:15 am **Registration and CE Check-in**

8:30 - 8:45 am **Welcome: David O. Weber**

8:45 - 9:45 am **Keynote Address: "Helping and Healing Our Families" Lloyd D. Newell, Ph.D.,**

A new book, *Helping and Healing Our Families*, has been published in an effort to help families and Latter-day Saints live and better understand the teachings of this historic document. More than 125 authors combined efforts to create a resource providing hope, principles and eternal perspectives to address many of the daunting challenges facing families today. "Helping and Healing Our Families" grew out of a convergence of professionals from many academic disciplines and reflects their diverse areas of expertise. Scholarly research and spiritual teachings combine with real-life experiences and concrete ideas to help readers in their marriage and family relationships.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

9:45 - 10:00 am **Break**

10:00-10:50 am **Plenary We Do Know How to Really Help!" Richard Anderson, LCSW Director, Child and Family Services Division (DCFS), State of Utah**
Have you ever thought about how families and individuals have always solved their problems throughout the earth experience? Is it possible that the fundamentals of how this works have been in place for a long time and easily accessible? Is it possible that the person that is the professional helper might use the same tools and help families and individuals succeed long after the helper is gone?

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

11:00-11:50 am **Concurrent Workshops**

1. "Hope as a Psychological State: How we Can Help Clients Make the Shift" *Mark D. Chamberlain, Ph.D.*

Our clients typically struggle when they're in a state of emotional distress which influences their perceptions, thinking and behavior. Fortunately, a growing body of research (e.g., Siegel, 1999) on the neurobiological differences between adaptive and reactive states enables us to help clients more readily distinguish between the two in the heat of the moment. Although it is quite difficult to respond with reflection and insight when one is in a reactive state of mind, clients can deliberately install different reflexive patterns (conditioned responses) that can help facilitate the shift back into a more adaptive, hopeful state.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

2. "Trauma Resolution Therapy – TRT" *Rachel Barry-Thomason MS, MS, NCC, LCPC, LPC*

Trauma Resolution Therapy (TRT) is a process developed by several clinicians in the New Mexico/SW US area. The technique is based on a combination of psycho-educational and desensitization modalities and is most effectively presented in a group setting. TRT is said to "takes as long as it takes" due to the individuality of each case. TRT is done in phases.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

3. "Taking Mental Health Resources to the World" *Rick Hawks, Ed.D.*

Mental illness, pornography, same-sex attraction and other mental health concerns are problems experienced by members of the church around the world. The Mental Health Resource Foundation currently provides resources for English and Spanish speaking saints. These mental health resources will be reviewed. There will be a discussion on expanding into other countries.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Intermediate

12:00-1:00 pm **Lunch -**

1:00-2:50 pm **Concurrent Workshops**

1. "Symbols of Hope Using Sandtray Therapy" *John Burr, LCSW, RPT-S*

Sandtray therapy is a special therapeutic modality that uses symbols to create experiences of hope that can sustain our clients while they are involved in the change process. This workshop will use case examples of how LDS clients have used symbols in the sandtray to create hope in their lives for the possibility of change and renewal. The case examples will demonstrate how spiritual symbols were used in the therapeutic process to actualize their journey to hope and healing. The examples will show how a client can be energized toward hope because of the depth and breadth of the spiritual and personal meaning symbols have.

Psych Credit: 2.0; NBCC Credit Hours: 2.0; CBBS Credit Hours: 2.0; NASW Credit Hours: Pending Level of Learning: Intermediate

2. "Assessing & Treating Hypersexual Behavior Among LDS Men and Women Using the NEO Personality Inventory " *Rory C. Reid, LCSW, The NEO Personality Inventory (NEO) was developed based on the 5 Factor Model of Personality and explores 30 different facets and traits including depression, anxiety, self-consciousness, fantasy, excitement seeking, and impulsivity. It is a widely used measure throughout psychology, yet, despite its utility, no studies to date have been conducted using the NEO with clients seeking help for hypersexual behavior. CE*

Psych Credit: 2.0; NBCC Credit Hours: 2.0; CBBS Credit Hours: 2.0; NASW Credit Hours: Pending Level of Learning: Intermediate



3. "A Picture is Worth a Thousand Words: The Therapeutic Use of Metaphors, Analogies and Stories in the Counseling Process" *Kristin Douglas, MA, LPC, BCIAC*
Enhance your present interventions and develop new ways to approach clients and their issues. This hands-on session focuses on the therapeutic application and integration of various metaphors, analogies and stories in the counseling process. Learn about the role and power of these interventions. Explore how and when to effectively use them to help clients increase hope, gain insights to problems or solutions, and challenge or reframe difficult experiences or maladaptive coping patterns. This session applies to those in various disciplines and work settings. Psych Credit: 2.0; NBCC Credit Hours: 2.0; CBBS Credit Hours: 2.0; NASW Credit Hours: Pending Level of Learning: Intermediate
4. "Keeping Hope for Client and Therapist" *Harry Merl, M.D.*
Therapy is primarily a relationship matter. Whatever happens there influences the outcome. We meet with people in trouble and hope to be able to help them. People come because they hope. Can we as therapists share our hope for them with them? What makes us hopeless or even give up? What helps us to stay hopeful? When are we in danger to lose hope? Factors that prevent or diminish hope for the client are discussed. Meeting a client we have to keep up the vision of his true self and keep his potential in mind, as shown by creating his personal health image in mind to understand and follow the tracks of his attempts to lead a good life so we can better help to find him his ways to health and wellbeing. Psych Credit: 2.0; NBCC Credit Hours: 2.0; CBBS Credit Hours: 2.0; NASW Credit Hours: Pending Level of Learning: Intermediate

2:50-3:00 pm **Break**

3:00-3:50 pm **Plenary** "Healing the Wounded Hearts: A Spiritual Approach for Treating Women with Eating Disorders" *P. Scott Richards, Ph.D & Randy Hardman, Ph.D.*

This workshop will discuss why we view eating disorders as a spiritual problem and describe how the false pursuits of an eating disorder undermine patients' sense of spiritual identity and worth and their relationships with God, family, and friends. They discuss common spiritual issues that many eating disorder patients manifest during treatment and the role of spirituality in healing and recovery from eating disorders. Help those suffering learn to listen to their hearts and affirm again their eternal spiritual identity and worth. We offer suggestions for helping patients learn to again place their faith in God, in significant others, and in their own divinely given capabilities instead of the false pursuits of their eating disorder.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: Pending Level of Learning: Advanced

4:00 pm **Concluding Remarks** *John P. Livingstone, Ed.D.*
Benediction

4:30 pm **AMCAP Board Meeting**

Take advantage of this unique opportunity to attend an additional day of our AMCAP convention - WEDNESDAY, MARCH 29th - 8:30 - 4:30 pm

- obtain additional CEU's (3 or 6 hours)
- gain a more extensive, in depth, hands on learning experience with 6 hour workshops
- learn from clinically skilled mental health professionals on topics pertinent and critical to our professional and personal work
- join with other colleagues and friends in an inspiring and beautiful environment - the new University of Utah Institute (easily accessible to TRAX, UTA and car - Park in the two story parking terrace to the East of the institute and the make your way through the building, following signs, to the West side lower level to find the conference - directions to the institute will be sent upon receipt of registration)
- enjoy a deli lunch, casual atmosphere, & conducive learning environment
- \$40 if registered for another day of the convention; - \$65 if attending Wednesday only \$20.00 for half day and students
- Early registration encouraged to secure a place in desired workshop; seating limited

AMCAP is approved by the American Psychological Association to offer continuing education credits for psychologists. AMCAP maintains responsibility for the program. Total number of credits available for this conference: 19 hrs (6.0 on Wednesday, 6.0 Thursday and 7.0 on Friday (if attending Fridays early morning session))

AMCAP is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines (Provider # 5727). Total number of CE credits available for this conference: 19 hrs (6.0 on Wednesday, 6.0 Thursday and 7.0 on Friday (if attending Fridays early morning session))

Courses meet the qualifications for 19 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences (#1889)

Number of credits pending for NASW (AMCAP is recommending 19 hours)

Presentation Summaries, Learning Objectives, Presenter Bio-sketch can be found at www.amcap.net

Parking validations available at the registration table for the Joseph Smith Memorial Building parking lot only

Please send a written request to distribute material at the convention bookstore to Kristin Lang Hansen by March 18th. Please include a copy of the book, video, pamphlet or other material that you would like to display or distribute at the convention.

Kristin's mailing address is PO Box 424, Belmont, MA 02478 . Electronic material can be sent to: paulkrishansen@comcast.net

AMCAP Fall 2006 Convention **September 28-29**

"Helping and Healing our Families"

