

AMCAP SPRING CONVENTION 2008

Healing, Hope and the Spirit of AMCAP

Joseph Smith Memorial Building, 15 East South Temple — 9th Floor, Salt Lake City, Utah

Convention Chair: A. Dean Byrd, Ph.D., M.B.A., M.P.H.

Convention Co-Chair: Kristin I. Douglas, M.A., L.P.C., B.C.I.A.C.

Pre-Convention Chair: Robert L. Gleave, Ph.D.

Wednesday, April 2, 2008 - Pre-Convention Workshops (Lunch included for all full-day workshops)

All pre-convention workshops are at the University of Utah Institute, 5th Stake, 1958 East South Campus Drive, Salt Lake City, Utah except the workshop "Forgiving Ourselves" by Wendy Ulrich and Carey Kelley which is held at Wendy Ulrich's home in Alpine, Utah (limited to the first 12 who email the AMCAP office, mail@amcap.net).

8:30 a.m. Registration

9:00 a.m. – 1:00 p.m. Half-day Workshop

The Seven Practices of Effective and Ethical Expert Witnesses Mark Zelig, Ph.D., A.B.P.P.

Presentation Summary: As psychological science becomes better equipped to assist courts in answering legal questions, there is an increasing demand for effective and ethical expert witnesses. Participants will learn seven principles of good practice, beginning with proper consultation to minimize possible conflicts of interest. Emphasizing that the psychological expert witness serves as an advocate for the data, not for either opposing party, these principles will equip the psychological expert to effectively fulfill that role. The information will also be useful for a non-witness psychological consultant, whose job is to help an attorney expose the weaknesses of various opposing expert witnesses.

Psych. Credit: 4; N.B.C.C. Credit Hours: 4; C.B.B.S. Credit Hours: 4; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

1:00 p.m. – 5:00 p.m. Half-day Workshop

Emotionally Focused Therapy Basic Intervention Training Scott Woolley, Ph.D. and Rebecca Jorgensen, Ph.D.

Workshop Summary: This workshop is designed for clinicians who have some basic exposure or training in Emotionally Focused Therapy (E.F.T.) and desire to enhance their ability to utilize it. It will focus specifically on using basic emotionally oriented E.F.T. interventions to help couples become aware of and deescalate their cycle; identify, access and heighten attachment emotions. This workshop uses experiential methods to train clinicians in this experientially based approach. Participants will be involved in a video clip based group exercise aimed at helping them identify interventions and their use. Participants will also engage in both written and role play structured exercises.

Psych. Credit: 4; N.B.C.C. Credit Hours: 4; C.B.B.S. Credit Hours: 4; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Intermediate

9:00 a.m. – 4:00 p.m. Full-day Workshops

1. Walking Away From the Dragon: Helping Clients Deal with Unwanted Same - Gender Sexual Attractions

Jeffrey W. Robinson, Ph.D.

Workshop Summary: Most approaches to helping clients reduce or eliminate unwanted homosexual desires have been based on psychological theories which attempt to explain the origins of such desires. Such theories generally describe homosexual desires as symptoms of powerful unconscious psychological causes which must be discovered, understood and repaired. In this presentation an alternative approach will be introduced. This approach is not based on a theory of unconscious causation, but on the actual lived experiences of men who have been successful at overcoming unwanted homosexual desires.

Psych. Credit: 6; N.B.C.C. Credit Hours: 6; C.B.B.S. Credit Hours: 6; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Intermediate

2. Applying Basic Skills of Dialectic Behavior Therapy in Clinical Practice Marleen Williams, Ph.D., Kristin Hansen, Ph.D., and Dianne Nielsen, Ph.D.

Workshop Summary: This workshop is designed to help participants learn how to apply Dialectic Behavior Therapy (D.B.T.) concepts to clinical practice, both in group and individual counseling. Research shows D.B.T. to be an effective treatment for a variety of clinical problems. Although it was originally developed for treatment of Borderline Personality Disorder, D.B.T. has also been empirically demonstrated to be effective in treating Posttraumatic Stress Disorder, drug dependence, Oppositional Defiant Disorder, anger and violence, suicidality and eating disorders. D.B.T. focuses on both helping clients to understand their own behavior as well as teaching skills for managing difficult behaviors and emotions.

Psych. Credit: 6; N.B.C.C. Credit Hours: 6; C.B.B.S. Credit Hours: 6; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

3. Motivational Interviewing: The Basics Jade Mangus, M.A.

Workshop Summary: Motivational interviewing is a directive, client-centered counseling style for eliciting behavior change by helping clients to explore and resolve ambivalence. Compared with non-directive counseling, it is more focused and goal-directed. The examination and resolution of ambivalence is its central purpose, and the counselor is intentionally active in pursuing this goal. This workshop will focus on seeking to understand another's frame of reference; expressing acceptance and affirmation; eliciting and selectively reinforcing the client's own self motivational statements expressing problem recognition, concern, desire and intentionality in change; and monitoring the client's degree of readiness to change.

Psych. Credit: 6; N.B.C.C. Credit Hours: 6; C.B.B.S. Credit Hours: 6; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Intermediate

4. Forgiving Ourselves Wendy Ulrich, Ph.D. and Carrie Kelley, Psy.D.**

Workshop Summary: When clients have failed at important life goals, violated personal values, or disappointed people they love, self-forgiveness is crucial to coping, learning, and healing. This process is complicated by psychological issues such as OCD, post-traumatic stress, depression, narcissism, and passive-aggressive style. This workshop will explore a simple model for helping both clients and ourselves as clinicians to forgive ourselves for our moral failures and accept our realistic limitations. We will use sand tray to facilitate the learning process.

**This pre-convention workshop is located at Wendy Ulrich's home in Alpine, Utah. Limited to the first 12 participants to email the AMCAP office: mail@amcap.net

Psych. Credit: 6; N.B.C.C. Credit Hours: 6; C.B.B.S. Credit Hours: 6; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

Thursday, April 3, 2008 (Lunch included)**8:00 – 8:30 am** **Registration****8:30 – 9:00 a.m.** **Welcome, Invocation & Musical Number** *A. Dean Byrd, Ph.D. M.B.A., M.P.H., Convention Chair***9:00 – 10:15 a.m.** **Plenary Address****Hope—the Anchor of the Soul: Cultivating Hope and Optimism in Clients** *Vaughn Worthen, Ph.D. and Richard Isakson, Ph.D.*

Presentation Summary: Hope is a central spiritual principle and is a general positive anticipatory state towards the future. In the L.D.S. faith, hope is ultimately centered in our belief in Jesus Christ as Savior and Redeemer. In regards to psychotherapy, hope and optimism as critical ingredients for successful therapy is not a new concept. Jerome Frank, in his book "Persuasion and Healing" (1963), claimed that instilling hope was essential for therapeutic success and was a way of countering demoralization. Irving Yalom (1970) identified the "instillation of hope" as one of the key curative factors in group psychotherapy. This presentation will explore the role of hope and optimism in the healing process, examine the role of hope/optimism in some hypothetical cases, review the research on hope and optimism, provide measures that can be used to assess hope/optimism in clients, and review interventions and exercises for developing hope/optimism.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate**10:15 – 10:30 a.m.** **Break****10:30 – 12:00 noon** **Concurrent Workshops****1. Accessing the Body, Mind, and Spirit Storage of Healing Information** *Barbara J. Gearig, L.C.S.W., C.T.L.C., P.C.*

Presentation Summary: We have been given a body that is phenomenal in its capacity to take in, store, and even hide events of one's life. To access the inner resources that shed light on behavior and thought patterns, the whole body needs to be seen as storage of aspects of these patterns and thus can be utilized in the recovery process. This workshop will ask each participant to have in mind a specific case they wish to explore by using the body, mind and spirit approach to the therapeutic process. Each participant will explore how somatic symptoms, thought processing and trusting the inner-gestalt of "I just know" can be used to facilitate client discovery that leads to recovery.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate**2. Want to Help your Clients Marry Good Men and Loving Women? Here's How!** *Alisa Goodwin Snell, L.M.F.T.*

Presentation Summary: Finding a healthy relationship requires more than just desire. Most single clients say they want to marry a "good" man or woman but attract partners who are immature, overindulgent, critical, controlling, irresponsible, manipulative, aggressive, or dishonest. Great relationship dissatisfaction can come from not knowing how to identify these unhealthy attitudes and behaviors. Help clients increase awareness, identify unhealthy or abusive behaviors, and break destructive dating patterns.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Intermediate**3. Hope through Modifying Perfectionism: Helping Clients Teach Themselves Correct Doctrine** *Barbara Morrell, Ph.D.*

Presentation Summary: Cultural perfectionism in L.D.S. clients, characterized by negative self-evaluation, is often associated with depression, anxiety, and hopelessness. Techniques, presented through interactive demonstrations and case studies, for inviting clients to confront the disparity between their negative self view and L.D.S. doctrines can facilitate restoration of hope and feelings of self-efficacy.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate**4. Mobilizing Hope during Midlife Adjustment: The S.O.M.A. Intervention** *Ed Lauritsen, Ph.D.*

Presentation Summary: While mid-life adjustment has been popularly covered in Hollywood films and self-help books, clinical literature has given the topic short shrift. This is doubly unfortunate, as midlife adjustment issues touch everyone eventually and, left unacknowledged, these issues often complicate other presenting problems in middle-aged clients. With a tidal wave of baby boomers and generation X-ers entering mid-life in the next 20 years, these clinical considerations are of heightened importance. This presentation introduces S.O.M.A. (Schematic Overview of Mid-life Adjustment), a brief and effective psychoeducational intervention which (1) educates a middle-aged client about mid-life adjustment; and (2) explains how mid-life adjustment issues may influence clinical issues.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Intermediate**12:00 – 2:00 p.m.** **Lunch****2:00 – 3:30 p.m.** **Concurrent Workshops****1. The Seven Practices of Effective and Ethical Expert Witnesses** *Mark Zelig, Ph.D., A.B.P.P.*

Presentation Summary: As psychological science becomes better equipped to assist courts in answering legal questions, there is an increasing demand for effective and ethical expert witnesses. Participants will learn seven principles of good practice, beginning with proper consultation to minimize possible conflicts of interest. Emphasizing that the psychological expert witness serves as an advocate for the data, not for either opposing party, these principles will equip the psychological expert to effectively fulfill that role. The information will also be useful for a non-witness psychological consultant, whose job is to help an attorney expose the weaknesses of various opposing expert witnesses.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate**2. Called to Serve: A Report of Mental Health Professionals Called as Missionaries in Support of the World-Wide Missionary Program of the Church** *James Hurst, Ph.D., Dennis Perkins, L.C.S.W., Don Doty, M.D., Margie Anderson, L.P.C., Leon Blake, Ph.D., Gary Jorgensen, Ph.D.*

Presentation Summary: Missionaries for the L.D.S. Church face rigors and intensity which sometimes result in physical or mental difficulties, necessitating early release in the most severe cases. For many years, the Missionary Department provided support services for physical health of

missionaries, and has recently begun providing mental health support as well. In this presentation, four returned senior missionary mental health advisors/counselors describe their work in the mission field and discuss the current need for experienced mental health professionals in mission service. The Director of Missionary Medical services will participate; program chair is an L.D.S. Family Services professional assigned to the Missionary Health Department.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Intermediate

3. Integrating Gospel Principles and Eye Movement Desensitization Reprocessing (E.M.D.R.) Leslie Brown, B.S.W., M.M.H.C., L.P.C., E.M.D.R. Certified

Presentation Summary: E.M.D.R. is a thoroughly researched method that is used by therapists internationally to treat individuals with various problems including P.T.S.D., depression, anxiety, chronic pain, as well as other pathologies that may stem from early life experiences of abuse and neglect. E.M.D.R. integrates elements of many effective psychotherapies, and accesses various forms of mental processes such as memory, emotion, perception and body sensations. E.M.D.R. is based on the beliefs that both problems and potential solutions are held within the client's system. This presentation is designed to inform clinicians about the benefits of this approach in helping clients towards healing and hope.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

4. Important Treatment Differentiations in Working with Men vs. Women Who Struggle to Diminish Unwanted Same Sex Attractions Shirley Cox, D.S.W., L.C.S.W.

Presentation Summary: Women bring significant experiential, emotional, and relational differences to therapy for unwanted same sex attraction when compared to men. Women are more likely to have experienced traumatic sexual, physical, or emotional abuse; require more time to establish a relationship of trust; tend to feel more powerless to effect change; are more likely to be emotionally consumed by relationships, and have greater fears of hurting others. Women may understand the group process more readily, grieve more openly, and receive support more readily in therapy. Despite these considerations, women tend to move past the therapeutic process more quickly than men. This workshop discusses important treatment differentiations.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

3:30 – 4:00 p.m. Break and Bookstore

4:00 – 5:00 p.m. Keynote Address

Hope in the Healing Process Elder Cecil O. Samuelson, M.D.

Presentation Summary: For those who struggle with physical or mental illness, hope is center stage in their requests for help. As health care providers, we are instrumental in encouraging that hope. There is an emerging body of research that clearly shows that hope has an important role to play in the recovery process, and, that as health care providers, we must be attuned to those spiritual processes that allows hope to emerge and sustain those whose challenges sometimes result in feelings of hopelessness and helplessness.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S. Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Beginning to Advanced

5:00 – 6:30 p.m. Dinner (On your own)

6:30 – 8:00 p.m. Special Social Hour *LDS Comedy by John Bytheway, Barbershop Quartet Music, Silent Auction, Poster Session, Mentoring, Socializing and Networking!*

Special Social Hour! Thursday Evening – April 3, 2008, 6:30 p.m. – 8:00 p.m.

*LDS Comedy by John Bytheway
Music by the Fault Line Barbershop Quartet
Silent Auction
Poster Session
Mentoring, Socializing and Networking!*

Silent Auction: If you are interested in donating to the silent auction, please contact Kris Plummer at 801-295-5566 or kris59@msn.com

Poster Session: Interested presenters contact GeriLynn Vorkink at gerilynn58@aol.com or Rachel Crook Lyon at rachel_crooklyon@byu.edu

Friday, April 4, 2008 (Lunch included)

7:00 – 8:00 a.m. Early Morning Workshop and Breakfast for Students*

Presentation Summary: The student session will be presented free of charge by senior AMCAP member A. Dean Byrd, Ph.D., M.B.A., M.P.H. Dr. Byrd is currently the President of Thrasher Research Fund and serves on the faculty of the University of Utah School of Medicine with appointments in the Department of Family and Preventive Medicine and in the Department of Psychiatry. This session, which will include a free breakfast, will provide graduate students with a unique opportunity to share one on one time with Dr. Byrd, as well as with the opportunity to network and to discuss student issues. Space is limited, so please R.S.V.P. to the AMCAP office to reserve your spot: mail@amcap.net.

*Workshop at Dean Byrd's Office: Thrasher Research Fund, Gateway Tower West, Suite 1650, 15 West South Temple Street, Salt Lake City, Utah

8:00 – 8:30 a.m. Registration

8:30 – 9:00 a.m. Welcome, Invocation & Musical Number *Kristin I. Douglas, M.A., L.P.C., B.C.I.A.C., Convention Co-Chair*

9:00 – 10:15 a.m. Concurrent Workshops

1. Biochemistry, Genetics, and Mothers: Factors Influencing Psychopathology and Change *J. Dee Higley, Ph.D.*

Presentation Summary: Clinicians frequently make judgments about causative factors influencing psychopathology. The completion of the human genome project has raised intriguing questions about the role genetic factors play in psychopathology. This workshop will present central nervous system function, highlighting brain structure and biochemistry of normal compared with disturbed individuals. Action of psychotropic medications will be presented. Non-human primate studies investigating the surprising interaction of environmental and genetic influences will be discussed. Finally, research will be reviewed showing neurobiological structural changes that accompany psychotherapy.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

2. Addressing the Needs of the Mid-life Woman *Patricia Evans M.S.W., R.S.W., Ph.D.*

Presentation Summary: Middle-aged women represent a majority of clients served by the helping professions. Mid-life transition can present many challenges for women, but may also open the door to opportunities, personal growth and positive change. This workshop is designed to educate participants in assessing and meeting needs of women transcending the midlife passage through intervention at primary, secondary and tertiary levels. Salient topics include demographics, menopausal physical and emotional symptoms, role change, midlife tasks, consciousness raising, techniques and interventions. This presentation is based on contemporary research and the findings of a recent study with mid-life women of the Church of Jesus Christ of Latter-day Saints.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

3. Financial Peace: Hope for Couples in Conflict over Money *Kevin J. Zimmerman, M.A.*

Presentation Summary: Financial disagreements are commonly cited as a source of contention among couples, and therapists may feel ill-equipped to address this important domain. This presentation will introduce methods for assessing financial attitudes and relational factors in marriage. Some principles for working with couples on financial issues will be presented (Financial Peace University, Ramsey), as well as factors to consider in referring couples for financial training as an adjunct to therapy.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

4. Jungian Sand Play and the Soul *Cliff Mayes, Ph.D., Psy.D., and Pam Blackwell Mayes, Ph.D.*

Presentation Summary: Jungian sand play, originally developed by Margaret Lowenfeld in the 1930's, is an evocative and self-guided therapy vehicle emphasizing nonverbal, symbolic work to tap deeper levels of consciousness and promote healing. Jungian sand play has been incorporated into therapeutic work with children, adults, families, and even corporations. Principles and techniques of this approach will be presented with considerations for therapist/client connection and discussion of the Sacred and the Self.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

10:15 – 10:30 a.m. Break

10:30 – 12:00 noon Concurrent Workshops

1. Spirituality and Psychotherapy *Wendy Ulrich, Ph.D.*

Presentation Summary: Research suggests that spiritual conflict has a negative impact on mental health outcomes that clients with insecure attachments are more prone to such conflicts, and that positive spiritual practices contribute to mental health. In this light, spirituality becomes an important component of mental health care, but therapists may be unclear about what spirituality consists of, separate from religious (or non-religious) beliefs, which fall outside the domain of professional expertise. This presentation discusses the contribution of spirituality in helping clients resolve spiritual crises, build on spiritual strengths, and enhance personal well-being.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

2. Towards Reclaiming Hope in Individuals and Nations: Ernest Becker, The Denial of Death and Terror Management Theory's Implications for Human Relationships *Randy Moss, Ph.D. and John Rector, Ph.D.*

Presentation Summary: Psychotherapy, like major religious systems, shares the ideal of enhancing interpersonal and intrapersonal peace. Successful achievement of this goal requires reduction in the hatred and prejudice that spawn conflict. This presentation reviews theory and social psychology research based on the work of the late Ernest Becker, cultural anthropologist and Pulitzer Prize winner. Beckerian researchers (a.k.a. "terror management theorists") have demonstrated the importance of worldviews in the development of materialism, racism and nationalism, or for the promotion of equality, justice and compassion. Implications of this work will be discussed, including applications to case conceptualization and human relationships.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

3. The Humble Warrior Heart: Maintaining the "Spiritual Rhythm" of Recovery *Daniel D. Gray, L.C.S.W.*

Presentation Summary: Clients entering therapy for the treatment of sexual addiction experience several stages of recovery with varying obstacles to treatment success. In initial stages, frequent relapse is common, with accompanying challenges of frustration, hopelessness and loss of motivation for therapy. During intermediate stages, painful symptoms of withdrawal may occur. Complacency, passivity or a false sense of security are risks of later stages. This workshop focuses on therapeutic strategies to successfully complete varying stages of recovery, with a discussion of blending humble submission and fighting spirit.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

4. Four Decades of Mind/Body and Spirituality Findings *W. Dean Belnap, M.D., F.A.A.P. & F.A.P.A.*

Presentation Summary: Four decades of research at Harvard and George Washington Universities have studied mind/body interactions, and more than 100 U.S. medical schools have established departments of Mind/Body and spirituality since 2002. It is important that health and mental health care

professionals understand benefits of spiritual practices in treating stress-related conditions as well as other illnesses. This presentation will share the newest observations defining the fundamental biological and neurological underpinnings related to spiritual practices and beliefs.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

12:00 – 1:30 p.m. Lunch

1:30 – 3:00 p.m. Plenary Address – Panel Discussion

Enhancing Spiritual Development in the Context of Psychological Care: Spiritual Interventions Kristin Hansen, Ph.D., Marleen S. Williams, Ph.D., Kristin I. Douglas, M.A., L.P.C., B.C.I.A.C., Robert L. Gleave, Ph.D., and A. Dean Byrd, Ph.D., M.B.A., M.P.H.

Presentation Summary: This panel discussion will explore spirituality in the context of psychological care. What contributes to a "spiritual" intervention? How, when and why might spiritual interventions be used in psychological care? Panelists will examine spirituality related research in clinical practice as well as examine spiritual approaches to psychological care. Panelists will also discuss attributes of a spiritually-centered therapist as well as guidelines, cautions, and recommendations for using spiritual interventions with clients.

Psych. Credit: 1.5; N.B.C.C. Credit Hours: 1.5; C.B.B.S Credit Hours: 1.5; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

3:00 – 3:15 p.m. Break

3:15 – 4:00 p.m. Distinguished Service to Humanity Award Recipients: Elder Jon and Sister Karen Huntsman

4:00 – 5:00 p.m. Plenary Address and Closing Remarks

Public Self, Private Self: Integrity for the LDS Mental Health Professional John P. Livingstone, Ed.D.

Presentation Summary: When the public and private selves are in harmony, there is integrity. The correlation between ordinances and covenants in The Church of Jesus Christ of Latter-day Saints demonstrates a pattern of consistency between the "public" self and the "private" self. Health professionals straddle both domains as they privately interact in their public employment while working with individuals, couples, families and groups. This session will focus on the importance of developing and maintaining integrity as an L.D.S. professional and encouraging the same in L.D.S. clients.

Psych. Credit: 1; N.B.C.C. Credit Hours: 1; C.B.B.S. Credit Hours: 1; N.A.S.W. Credit Hours: Pending

Level of Learning: Intermediate

Presentation summaries, learning objectives, and presenter biosketches can be found at www.amcap.net.

Parking validations will be available at the registration table for the Joseph Smith Memorial Building, Plaza Hotel, Eagle Gate Plaza and Regent Street Plaza. TRAX station is also nearby.

Continuing Education Information: Total number of approved continuing education credits available for this conference are 16.0 hrs (6.0 on Wednesday, 5.0 on Thursday and 5.0 on Friday). AMCAP is approved by the American Psychological Association to sponsor continuing education credits for psychologists. AMCAP maintains responsibility for this program and its contents. AMCAP is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines (Provider # 5727). Courses meet the qualifications for continuing education credit for M.F.T.s and/or L.C.S.W.s as required by the California Board of Behavioral Sciences (Provider #1889). AMCAP is approved by the Utah Chapter of the National Association of Social Workers to offer continuing education credit for social workers; number of credits still pending.

Bookstore: AMCAP members who would like to self/distribute books, CDs, DVDs, Tapes, Brochures or Program Announcements at the AMCAP Bookstore during semi-annual conventions, should forward a request with a copy of the display materials (which can be retrieved at the convention) to: A. Dean Byrd, Ph.D., M.B.A., M.P.H., Thrasher Research Fund, Gateway Tower West, Suite 1650, 15 West South Temple Street, Salt Lake City, Utah 84101, email: d.byrd@utah.edu, tel. 801-240-3386. All requests to display need to be sent no later than 30 days prior to the convention. Once reviewed, and a decision made, the requester will receive notification via letter/email.

The AMCAP Spring 2008 Networker is available in the publication's section of our website:

<http://www.amcap.net/Members/Spring2008Networker.pdf>

Please contact the AMCAP office if you would like a printed copy sent to you.

AMCAP Fall Convention 2008: October 2-3, 2008

Peace, Hope and Strength:

Finding Refuge from the Storms of Life